

## PE Report to the Governors – June 2015

### Curriculum

The introduction of the 'LCP' PE scheme of work has supported the delivery of the new curriculum, ensuring continuity and progression in the development of skills throughout KS1 and KS2. The lesson plans have continued to allow the non-specialist teachers to deliver high quality teaching and learning across all areas of PE; games, multi-skills, gymnastics, athletics and outdoor and adventurous activities

'Real PE' training took place in April and May and has been introduced across the school (including Foundation Stage) during the Summer Term. 'Real PE' aims to further boost skill development and to increase the physical literacy of our pupils. Over the next academic year it will be implemented alongside the LCP scheme of work and the lessons led by the specialist sports coaches.

Teachers have become increasingly more confident and competent in the teaching and learning of PE. The LCP scheme of work and the support from the sports coaches has further boosted subject knowledge and has allowed targeted differentiation of PE lessons, ensuring the needs of all pupils are met.

Joint lesson observations and lesson demonstrations have taken place in the Summer Term in Year 4 and Year 6 with the PE Coordinator and representatives from the sports partnership ARENA. These will be followed up in the Autumn Term 2015.

### Sports Coaches

Specialist sports coaches have continued to improve pupils' performance and enjoyment of PE through high level subject knowledge, skill progression and enthusiasm for their sport.

Coaches from **Plymouth Argyle Community Trust** have continued to work alongside teachers across the school. This term they have supported teachers in Year 1 and Year 2 and continued to deliver the multi skills after school club for KS1 pupils. In May the Plymouth Argyle coaches held a Football Tournament for all schools in the Launceston area, which was won by St Catherine's.

**Zero Gravity Gymnastics** have completed a six week block of lessons for all classes in KS1 and KS2. The sessions have been particularly successful. Pupils across both key stages have shown a marked improvement in their ability to perform movements with control and good body tension. To further build on the successes of this year KS 1 and KS2 classes will receive two half termly blocks of lessons next year, instead of one.

The '**Chance to Shine**' cricket programme was successfully introduced during the Summer Term. Specialist cricket coaches have worked with pupils in Year 4 and Year 6 during curriculum hours and extra-curricular coaching has taken place in an after school cricket club. KS2 pupils have taken part in an intra-school house cricket tournament and our school cricket team won the Year 6 North Cornwall Cricket Tournament and are through to the county finals in July.

## **Swimming**

'Top up' swimming lessons have taken place for pupils in Year 5 and Year 6 who lacked confidence in the water and who were unable to swim 25 metres. Year 5 pupils received six booster lessons and Year 6 pupils received four booster lessons.

**Year 6** - 7 pupils attended, 5 of which were non-swimmers. All pupils successfully achieved swimming 10 metres and 2 pupils achieved swimming 25 metres unaided. 92% of Year 6 pupils are able to swim 25 metres.

**Year 5** - 13 pupils attended, 4 of which were non-swimmers. All pupils achieved swimming 5 metres and 11 pupils achieved swimming 25 metres unaided. 93% of Year 5 pupils are able to swim 25 metres.

The increase in the number of Year 5 pupils being able to swim 25 metres is a result of the introduction of a 10 week block of lessons introduced this academic year, instead of the 6 week block of lessons as in previous years. There are currently only 3 pupils in Year 5 who are unable to swim 25 metres. They will receive 'top up' swimming lessons during the Summer Term 2016. Our aim is to have a 100% record of all pupils able to swim 25 metres by the end of their Year 6.

## **After school Clubs**

Five sports clubs continue to take place after school during the Summer Term. Cricket Club replaced Netball Club.

Plymouth Argyle Football Club – Years 2 to Year 5

Cricket Club – Year 4, Year 5 and Year 6

Active Club – Year 3 and Year 4

Multi-skills Club – Year 1 and Year 2

Football Club – Year 4, Year 5 and Year 6

The number of pupils on KS1 and KS2 who have taken part in an after school sports clubs this year is 114.

## **Launceston College Competition and Festivals**

Pupils across both Key Stages have had the opportunity to take part in tournaments and competitions held at Launceston College.

Year 6 - Orienteering, Hockey and Volleyball Festival. Kwik Cricket and Rounders Tournament.

Year 4 - Tag Rugby, High 5 and Badminton Festival.

Year 2 - Multi Sports Festival

Badminton Club - Badminton Skills Festival

KS1 - Multi Skills Competition

Year 5/6 - Tag Rugby Tournament

## **Year 5 Playground Leader Training**

Year 5 pupils have received training from ARENA to become Playground Leaders. They have led sports activities for KS1 pupils and for the Year 3 Trust Event with An Daras. Teaching staff from the other trust schools remarked on the mature attitude of the Year 5 pupils who took responsibility for organising and running the event themselves. Year 3 pupils commented on the event;

‘Thank you for a brilliant sports day.’ Bobbie-Jo

‘You kept encouraging us to keep going when we were stuck.’ Abbie

‘You explained the activities very clearly and well.’ Olivia

‘I was really happy because my team won.’ Paige

## **CDP**

PLT meeting -Jo Williams

‘Real PE’ training - All teaching Staff

Cornwall PE Conference. Curriculum and Assessment - Jo Williams

‘Wild Tribe’ Learning Outdoors (Maths) – Liz Davy

